

s of danger

If you are concerned about being abusive with a partner, ask yourself these questions and consider them as the warning signs of a problem.

Have you ever:

- Given her angry, threatening stares or looks?
- Called her names, criticized her, mocked her or **ridiculed** her?
- Given her the silent **treatment, sulked, refused to talk or communicate?**
- **Put** her down, embarrassed her or humiliated her **either** in private or in public?
- Tried to control how she thinks, dresses, whom she sees, how she spends her time or how she spends her money?
- **Stopped her from doing things she wanted to do?**
- Said or done things to **make** her think she's crazy **or stupid?**
- Screamed, insulted or swore at her?
- Intimidated her by blocking a doorway during an argument, used threatening gestures or stood over her?

- Threatened her, broken things, punched walls, slammed doors or thrown **or** kicked things?

- Pushed, grabbed, shoved, wrestled, hit or slapped her?

Source: National Clearinghouse for the Defense of Battered Women